

## Specimen Collection and Handling Instructions for QuantiFERON®-TB Gold Plus (QFT-Plus)

This specimen collection and handling guide was created to help provide client education for QuantiFERON®-Plus.

### Ordering

- **Test Code 36970: QuantiFERON®-TB Gold Plus, 1 Tube**
- Collection date and time are required.

### Specimen Collection

Label lithium-heparin tubes appropriately with required patient identifiers. Store tubes at room temperature (17-25°C) at the time of collection. Please ensure utilization of the lithium-heparin tube and not a sodium heparin tube.



- Collect a minimum of 6 ml of blood by venipuncture into a lithium-heparin tube. Gently mix by inverting the tube several times to dissolve the heparin.
- Hold blood drawn into lithium-heparin tube at room temperature (17–25 °C) between 15 minutes and 3 hours after blood collection.
- Refrigerate at 2-8 °C.

### Specimen Handling



- Place the specimen and appropriate test requisition in the QuantiFERON®-TB Gold Plus gold collection bag.
- Write the collection date/time on the QFT-Plus gold collection bag.
- REFRIGERATE, DO NOT FREEZE after at least 15 minutes at room temperature post collection. Sample must be refrigerated within 3 hours of collection.
- If sample is left in lock box, please utilize frozen or refrigerated cold packs to maintain refrigerated sample stability. Follow standard protocol for specimens requiring refrigeration.
- Ensure tubes are not placed in the freezer or in direct contact with frozen material. (i.e. frozen ice packs, dry ice, temperatures below 8°C, etc.)
- Since QuantiFERON®-TB Gold Plus specimens require refrigeration, please refrain from utilizing specimen lock boxes that may be exposed to extreme temperatures (hot or cold) for long periods of time.
- Please call in advance 866.MYQUEST (866.697.8378) in advance of specimen collection to schedule a pick-up if necessary to maintain refrigerated conditions.
- Note the performing Quest Diagnostics laboratory must receive the specimen within 48 hours of collection under refrigerated conditions

### Reordering Supplies

Product ID	Stock Item Number	Item Description	Client will Receive
Q04	200039	QuantiFERON® TB Gold Plus Kits, Single Tube, Lithium, 25/EA/PK	25 lithium-heparin tubes 25 Collection bags

If you have any questions, please contact your Quest Diagnostics representative or 866.MYQUEST (866.697.8378). Supplies should only be used for collection for Quest Diagnostics testing.

See manufacturer's labeling for important details: <http://www.quantiferon.com/wp-content/uploads/2017/10/QFT-Plus-ELISA-IFU-L1095849-R02.pdf>

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