Specimen Collection and Handling Instructions for QuantiFERON®-TB Gold Plus (QFT-Plus)

This specimen collection and handling guide was created to help provide client education for QuantiFERON®-Plus.

Ordering
- Test Code 36970: QuantiFERON®-TB Gold Plus, 1 Tube
- Collection date and time are required.

Specimen Collection
Label lithium-heparin tubes appropriately with required patient identifiers. Store tubes at room temperature (17-25°C) at the time of collection. Please ensure utilization of the lithium-heparin tube and not a sodium heparin tube.

- Collect a minimum of 6 ml of blood by venipuncture into a lithium-heparin tube. Gently mix by inverting the tube several times to dissolve the heparin.
- Hold blood drawn into lithium-heparin tube at room temperature (17–25 °C) between 15 minutes and 3 hours after blood collection.
- Refrigerate at 2-8 °C.

Specimen Handling
- Place the specimen and appropriate test requisition in the QuantiFERON®-TB Gold Plus gold collection bag.
- Write the collection date/time on the QFT-Plus gold collection bag.
- REFRIGERATE, DO NOT FREEZE after at least 15 minutes at room temperature post collection. Sample must be refrigerated within 3 hours of collection.
- If sample is left in lock box, please utilize frozen or refrigerated cold packs to maintain refrigerated sample stability. Follow standard protocol for specimens requiring refrigeration.
- Ensure tubes are not placed in the freezer or in direct contact with frozen material. (i.e. frozen ice packs, dry ice, temperatures below 8°C, etc.)
- Since QuantiFERON®-TB Gold Plus specimens require refrigeration, please refrain from utilizing specimen lock boxes that may be exposed to extreme temperatures (hot or cold) for long periods of time.
- Please call in advance 866.MYQUEST (866.697.8378) in advance of specimen collection to schedule a pick-up if necessary to maintain refrigerated conditions.
- Note the performing Quest Diagnostics laboratory must receive the specimen within 48 hours of collection under refrigerated conditions.

Reordering Supplies

<table>
<thead>
<tr>
<th>Product ID</th>
<th>Stock Item Number</th>
<th>Item Description</th>
<th>Client will Receive</th>
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<tbody>
<tr>
<td>Q04</td>
<td>200039</td>
<td>QuantiFERON®-TB Gold Plus Kits, Single Tube, Lithium, 25/EA/PK</td>
<td>25 lithium-heparin tubes 25 Collection bags</td>
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</tbody>
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If you have any questions, please contact your Quest Diagnostics representative or 866.MYQUEST (866.697.8378). Supplies should only be used for collection for Quest Diagnostics testing. See manufacturer’s labeling for important details: [http://www.quantiferon.com/wp-content/uploads/2017/10/QFT-Plus-ELISA-IFU-L1095849-R02.pdf](http://www.quantiferon.com/wp-content/uploads/2017/10/QFT-Plus-ELISA-IFU-L1095849-R02.pdf)
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