

Vaginal self-collection for sexually transmitted infections

A simple, convenient method for you



Is it time for your routine screening? Perhaps you've just learned that the Centers for Disease Control and Prevention (CDC) recommends annual sexually transmitted infections (STI) screening for your age group? Or maybe you're having symptoms that suggest a yeast infection?

We have good news for you! You can now obtain your own vaginal sample discreetly and on your own schedule.

How Quest can help

Quest now provides patient self-collection at all of our Patient Service Centers (PSCs) with more than 2,000 locations across our nationwide network. Self-collection can be helpful for those who may have difficulty keeping up with regular screening requirements or who may prefer additional privacy when experiencing genital symptoms.

“What steps should I take?”



Speak to your healthcare provider about vaginal collection options that might be right for you, including self-collection. They can send a self-collection order to Quest electronically or print a paper order for you



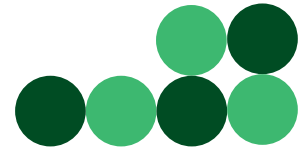
Easily schedule an appointment at the Quest location of your choice by visiting [QuestDiagnostics.com/Appointments](https://www.questdiagnostics.com/Appointments) or via the MyQuest[®] app. Appointments are strongly encouraged and take priority over walk-ins



For your self-collection, you'll receive a simple step-by-step collection guide to obtain your sample safely, accurately, and privately



Self-collection results are about as accurate as collections obtained by your healthcare provider^{1,2} and are ready upon your follow-up visit—allowing timely discussions regarding your results and the appropriate next steps



“How do I get screened?”



It's important to see your healthcare provider for routine care. Be sure to ask about vaginal self-collection through Quest when discussing annual STI screening and other testing questions. This will help ensure that self-collection is an appropriate option for you



Remember to visit [QuestDiagnostics.com](https://www.questdiagnostics.com)/appointments or use the MyQuest app to book your appointment for a vaginal self-screening order



Talk to your healthcare provider today to understand if vaginal self-collection from Quest is the right option for you.

Importance of screening

The following includes recommended screening guidelines that play an important role in women's healthcare—and where vaginal self-collection has been shown to significantly improve screening rates.^{3,4}

- The CDC recommends annual STI screening for all sexually active women ages 15 to 24 and for women ages 25 and above who have risk factors, such as new or multiple sexual partners⁵

When symptoms are present

- Self-collection could also help expedite identifying which organism is causing genital tract symptoms, such as burning, itching, increased or abnormal vaginal discharge, and/or pain during intercourse or urination. Such symptoms are commonly associated with yeast infection, bacterial vaginosis (BV), or other frequent causes of vaginal infection—or, in rarer cases, may appear with some STIs

References

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2. Krause A, Miller JB, Samuel L, Manteuffel JJ. Vaginal swabs are non-inferior to endocervical swabs for sexually transmitted infection testing in the Emergency Department. *West J Emerg Med.* 2022;23(3):408–411. doi: 10.5811/westjem.2022.3.53812
3. Page C, Mounsey A, Rowland K. PURLs: Is self-swabbing for STIs a good idea? *J Fam Pract.* 2013;62(11):651-653. <https://pmc.ncbi.nlm.nih.gov/articles/PMC3948498/#>
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5. CDC. Sexually transmitted infections (STIs). Getting tests for STIs. January 31, 2025. Accessed March 12, 2026. <https://www.cdc.gov/sti/testing/index.html>

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