

# JM Palmetto - Homocysteine Level, Serum

CPT: 83090 (Homocysteine)

## CMS Policy for Alabama, Georgia, North Carolina, South Carolina, Tennessee, Virginia, and West Virginia

Local policies are determined by the performing test location. This is determined by the state in which your performing laboratory resides and where your testing is commonly performed.

Medically Supportive ICD Codes are listed on subsequent page(s) of this document.

### Coverage Indications, Limitations, and/or Medical Necessity

#### Indications:

Elevated serum levels of the amino acid homocysteine are associated with increased risk of cardiovascular (CV) and cerebrovascular disease events as well as an increased risk of osteoporosis. Treatment of the elevated homocysteine level in the absence of an established causal relationship between hyperhomocysteinemia and these entities has been empiric supplementation with vitamin B-6, B-12 and folic acid. Hyperhomocysteinemia may also be present with vitamin B12 and folate deficiencies associated with anemia. In these instances the elevated homocysteine confirms the vitamin deficiency as the source of anemia.

No studies demonstrate that such vitamin supplementation, while lowering the serum homocysteine levels, also reduces the risks for CV or cerebrovascular events or osteoporosis. The Heart Outcomes Prevention Evaluation (HOPE) 2 investigators reported that "...combined daily administration...[of the vitamins] for five years had no beneficial effect on major vascular events in a high risk population with vascular disease." The Norwegian Vitamin Trial (NORVIT) investigators found that "Treatment with B vitamins did not lower the risk of recurrent cardiovascular disease after acute myocardial infarction. A harmful effect from combined B vitamin treatment was suggested." In their 2004 report, Lange H, et al, reported that B vitamin supplementation to lower homocysteine levels, after coronary stenting, may increase the risk of in-stent restenosis and the need for target vessel revascularization.

- Homocysteine levels will be covered by Medicare to confirm Vitamin B12 or folate deficiency.
- In the absence of evidence that treatment of hyperhomocysteinemia reduces CV events, this test can only be covered in patients with known vascular disease or risk thereof (based upon abnormal lipid metabolism, high blood pressure (BP) or diabetes mellitus (DM)) for the purpose of risk stratification. In this circumstance it will be covered only once per lifetime.

#### Limitations:

- When used to determine the risk of developing atherosclerotic CV disease, measurement of serum homocysteine levels in the absence of known vascular disease, hyperlipidemia or DM will be denied as screening.
- Serum homocysteine levels for the evaluation of treatment of hyperhomocysteinemia in patients with CV risk factors will be denied as not medically necessary.
- Serum homocysteine levels will not be covered other than for suspected B12/folate deficiency, or for risk stratification for the conditions noted in the **ICD-10 Codes that Support Medical Necessity** section of this Billing and Coding: Homocysteine Level, Serum A56675 article. It is covered only once in a lifetime for the initial determination for risk stratification. Subsequent determinations will be covered only if appropriate treatment does not correct the anemia or symptoms.

#### Utilization Guidelines

When used for atherosclerotic CV disease risk stratification, measurement of serum homocysteine is considered to be medically necessary only once in a lifetime.

Visit [QuestDiagnostics.com/MLCP](http://QuestDiagnostics.com/MLCP) to view current limited coverage tests, reference guides, and policy information.

To view the complete policy and the full list of medically supportive codes, please refer to the CMS website reference

[www.cms.gov](http://www.cms.gov)

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There is a frequency associated with this test. Please refer to the Limitations or Utilization Guidelines section on previous page(s).

The ICD10 codes listed below are the top diagnosis codes currently utilized by ordering physicians for the limited coverage test highlighted above that are also listed as medically supportive under Medicare's limited coverage policy. **If you are ordering this test for diagnostic reasons that are not covered under Medicare policy, an Advance Beneficiary Notice form is required.**

**\*Note—Bolded diagnoses below have the highest utilization**

Code	Description
D51.0	Vitamin B12 deficiency anemia due to intrinsic factor deficiency
D51.9	Vitamin B12 deficiency anemia, unspecified
D52.9	Folate deficiency anemia, unspecified
E11.65	Type 2 diabetes mellitus with hyperglycemia
<b>E11.9</b>	<b>Type 2 diabetes mellitus without complications</b>
E78.2	Mixed hyperlipidemia
E78.5	Hyperlipidemia, unspecified
<b>I10</b>	<b>Essential (primary) hypertension</b>
<b>I25.10</b>	<b>Atherosclerotic heart disease of native coronary artery without angina pectoris</b>

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#### Disclaimer:

This diagnosis code reference guide is provided as an aid to physicians and office staff in determining when an ABN (Advance Beneficiary Notice) is necessary. Diagnosis codes must be applicable to the patient's symptoms or conditions and must be consistent with documentation in the patient's medical record. Quest Diagnostics does not recommend any diagnosis codes and will only submit diagnosis information provided to us by the ordering physician or his/her designated staff. The CPT codes provided are based on AMA guidelines and are for informational purposes only. CPT coding is the sole responsibility of the billing party. Please direct any questions regarding coding to the payer being billed.

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