

**CPT® codes: 82947, 82951, 82952, 82985, 83036, 83037**

Condition	Meets Coverage Criteria in the Following Situations	Does Not Meet Coverage Criteria in the Following Situations
<b>Classic Symptoms of Diabetes</b>	For individuals with acute or persistent classic symptoms of diabetes mellitus, measurement of plasma glucose or hemoglobin A1c.	—
<b>Type 1 or Type 2 Diabetes – A1c Monitoring</b>	For individuals with a diagnosis of either type 1 or type 2 diabetes mellitus, measurement of hemoglobin A1c in any of the following situations: a) Upon initial diagnosis to establish a baseline value and to determine treatment goals b) twice a year (every 6 months) in individuals who are meeting treatment goals and who, based on daily glucose monitoring, appear to have stable glycemic control c) quarterly in individuals who are not meeting treatment goals for glycemic control d) quarterly in individuals whose pharmacologic therapy has changed; quarterly for individuals who are pregnant	—
<b>Prediabetes or Antipsychotic Medication – Annual Screening</b>	For prediabetic individuals or individuals taking antipsychotic medication, annual screening for type 2 diabetes with a fasting plasma glucose test or measurement of hemoglobin A1c	—
<b>Follow-Up Screening – Prediabetes / Antipsychotic Use</b>	a) A fasting plasma glucose test or measurement of hemoglobin A1c for a follow-up screening on prediabetic individuals or individuals taking antipsychotic medication who have additional risk factors (ie, abnormal glucose, abnormal weight gain, or hyperglycemia NOS) at or after 6 months following an annual screening, when billed with a follow-up modifier	b) A fasting plasma glucose test or measurement of hemoglobin A1c for a follow-up screening on prediabetic individuals or individuals taking antipsychotic medication, who do not have additional risk factors, have had an A1c measurement within the past 6 months, or who are billed without a follow-up modifier
<b>Asymptomatic Individuals ≥35</b>	for asymptomatic individuals who are 35 years of age or older and who have no risk factors for diabetes, screening for prediabetes or type 2 diabetes once every three years with a fasting plasma glucose test	—

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<b>Adults ≥18 With Risk Factors</b>	for individuals 18 years of age or older, screening once every three years, or annually with additional risk factors (ie, abnormal glucose, abnormal weight gain, or hyperglycemia NOS), for prediabetes or type 2 diabetes with a fasting plasma glucose test or measurement of hemoglobin A1c for individuals with any of the following risk factors: <ul style="list-style-type: none"> <li>a) for individuals who are overweight or obese</li> <li>b) for first-degree relatives (<b>see Note 1 for definition of first-degree relatives</b>) of individuals with diabetes</li> <li>c) for individuals with a history of cardiovascular disease</li> <li>d) for individuals with hypertension</li> <li>e) for individuals with hypercholesterolemia</li> <li>f) for individuals with metabolic syndrome</li> <li>g) for individuals who are obese and have acanthosis nigricans</li> <li>h) for individuals with polycystic ovary syndrome</li> <li>i) for individuals with metabolic dysfunction-associated steatotic liver disease (MASLD)</li> <li>j) for individuals who were previously diagnosed with gestational diabetes mellitus (GDM)</li> </ul>	—
<b>HIV Positive</b>	for individuals who are positive for HIV, screening for diabetes and prediabetes with a fasting plasma glucose test in any of the following situations: <ul style="list-style-type: none"> <li>a) for individuals starting antiretroviral therapy (ART)</li> <li>b) for individuals switching their ART</li> <li>c) 3–6 months after starting or switching antiretroviral therapy</li> <li>d) Annually when screening results were initially normal</li> </ul>	—
<b>Cystic Fibrosis</b>	for individuals 10 years of age and older who have been diagnosed with cystic fibrosis (CF) but not with CF-related diabetes, annual screening for CF-related diabetes with an OGTT	—
<b>Pediatric Overweight/Obese</b>	For overweight or obese individuals less than 18 years of age, diabetes screening once every three years, or annually with additional risk factors (ie, abnormal glucose, abnormal weight gain, or hyperglycemia NOS), with a fasting plasma glucose test, an OGTT, or measurement of hemoglobin A1c for individuals with any of the following risk factors <ul style="list-style-type: none"> <li>a) the individual has a maternal history of diabetes or gestational diabetes mellitus during the child's gestation</li> <li>b) the individual has a family history of type 2 diabetes in first- or second-degree relatives (<b>see Note 1 for definition of first-degree relatives</b>)</li> <li>c) the individual has signs of insulin resistance or conditions associated with insulin resistance (acanthosis nigricans, hypertension, dyslipidemia, polycystic ovary syndrome, or small-for-gestational-age birth weight)</li> </ul>	—

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<b>Pregnancy – Monthly Screening</b>	for pregnant individuals, a fasting plasma glucose test or an OGTT up to once per month during pregnancy	—
<b>Fasting Plasma Glucose – Wellness Visit</b>	—	for all other situations not addressed above, fasting plasma glucose testing at a wellness visit with no abnormal findings
<b>Hemoglobin A1c – All Other Situations</b>	—	for all other situations not previously described ( <b>see Note 2 for testing requirements</b> ), measurement of hemoglobin A1c

**Note 1:** First-degree relatives include parents, full siblings, and children of the individual. Second-degree relatives include grandparents, aunts, uncles, nieces, nephews, grandchildren, and half-siblings of the individual.

**Note 2:** Measurement of hemoglobin A1c should not be performed in any of the following situations:

- 1) To test for diabetes in individuals presenting with acute or persistent classic symptoms of diabetes mellitus.
- 2) In pregnant individuals without an established diagnosis of diabetes or prediabetes.
- 3) To screen for diabetes in individuals diagnosed with cystic fibrosis.
- 4) In conjunction with measurement of fructosamine.
- 5) In individuals with a condition associated with increased red blood cell turnover (eg, individuals with sickle cell disease or who are HIV positive, individuals receiving hemodialysis or erythropoietin therapy or who have had recent blood loss or a transfusion).

To view the complete policy, please refer to the Presbyterian Health Plan documents referenced below:

[https://onbaseext.phs.org/PEL/DisplayDocument?ContentID=OB\\_000000028984](https://onbaseext.phs.org/PEL/DisplayDocument?ContentID=OB_000000028984)

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