

Allergen testing

Policy Number: AHS – G2031

Revision Date: 3/5/2025

Revision Effective Date: 8/15/2025



CPT® codes: 82784, 82785, 82787, 83516, 86001, 86003, 86005, 86008, 88184, 88185, 0165U, 0178U

Test	Meets Coverage Criteria in the Following Situations	Does Not Meet Coverage Criteria in the Following Situations
Specific IgE Testing	When limited to allergens chosen for testing based on an individual's history, physical examination, and environment, specific IgE in vitro allergy testing (up to 20 allergen specific antibodies per year)	In the absence of a new clinical presentation, routine re-testing for allergies to the same allergens (except where specified above)
Total Serum IgE	For individuals with moderate to severe asthma; for individuals with signs or symptoms of allergic bronchopulmonary aspergillosis	—
Monitoring Food Allergy Resolution	To monitor for allergy resolution in children and adolescents with an initial positive food allergen result(s), annual re-testing for the same food allergen(s)	—
ALCAT Testing	—	The antigen leukocyte antibody test (ALCAT)
Basophil Activation and Non-IgE Immunoglobulin Testing	—	For individuals with signs or symptoms of allergies, basophil activation flow cytometry testing and in-vitro testing of IgG, IgA, IgM, and/or IgD
Bead-Based Epitope Assays	—	In vitro allergen testing using bead-based epitope assays (eg, VeriMAP Peanut Dx)
IgE Multi-Allergen Screen	—	For all situations, in vitro testing using qualitative specific IgE multi-allergen screen that does not identify a specific allergen

To view the complete policy, please refer to the Presbyterian Health Plan policy document referenced below:

https://onbaseext.phs.org/PEL/DisplayDocument?ContentID=OB_000000028407

Disclaimer: This associated condition reference guide is provided as an aid to physicians and office staff in determining when testing is medically necessary. The diagnosis must be applicable to the patient's symptoms or conditions and must be consistent with documentation in the patient's medical record. Quest Diagnostics does not recommend any diagnosis codes or conditions and will only submit diagnosis information provided to us by the ordering physician or his/her designated staff. The CPT codes provided are based on AMA guidelines and are for informational purposes only. CPT coding is the sole responsibility of the billing party. Please direct any questions regarding coding to the payer being billed.