

Transforming reality for your organization

A workforce can look fine, but carry hidden risk



58% of adults have chronic conditions²



1 in 5 people will get cancer in their lifetime³

By shifting focus to preventive health, you can shift your workforce health from bleak to bright.

Bring risk to light through prevention

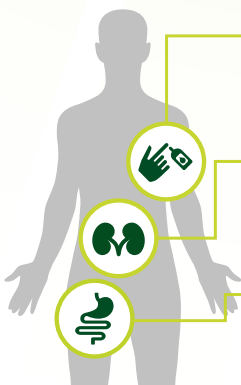
~20% to 40% of “silent” conditions are identified through employer health screenings^{4*}

Employer health screening reveals these conditions in as many as **1 in 4 participants⁴**

* Percentages depend on participation rates and the comprehensiveness of the screening program.

Impact of prevention—for your employees and bottom line

When just 1 person proactively manages their health, the cost savings add up.



Diabetes

\$12K over 1 year⁵

End-stage kidney disease

\$122K over 1 year⁶

Colorectal cancer

\$165K over 4 years⁷

Total

~\$173K savings per year⁵⁻⁷

A recent study of an employee wellness program focused on cardiovascular health showed clear return on investment.



\$1,224 savings per year for every employee^{8**}



\$4.90 ROI for every dollar invested⁸



~19% decline in absenteeism⁹

**The average annual cost saving per individual in a 5-year retrospective study by the University of Rochester is \$1,224.23.⁹

Why choose Quest Workforce Health Solutions

Access



2,250+ Quest Patient Service Centers nationwide



On-site events at employer locations



In-home collection and **virtual** options

Confidence



3M+ employees participate annually in Quest wellness programs



60B+ anonymized patient data points to inform trends



High-touch account collaboration



Proven ability to **scale up or down** with your organization's needs



Trusted by **40%** of Fortune 500 employers



50+ years of diagnostic excellence

Connect with your Quest representative to explore how Quest Workforce Health Solutions can transform your organization's employee well-being and your bottom line.

1 Business Group on Health. 2026 employer health care strategy survey: Executive summary. 2025. Accessed April 8, 2026. <https://www.businessgrouphealth.org/resources/2026-employer-health-care-strategy-survey-executive-summary>

2 Harvard T.H. Chan School of Public Health/de Beaumont Foundation. U.S. employee perspectives on managing chronic conditions in the workplace. Published February 2025. Accessed December 29, 2025. <https://hsph.harvard.edu/wp-content/uploads/2025/02/DBF-HSPH-Employee-Chronic-Conditions-Poll-February-2025.pdf>

3 World Health Organization. Global cancer burden growing, amidst mounting need for services. Published February 1, 2024. Accessed December 29, 2025. <https://www.who.int/news/item/01-02-2024-global-cancer-burden-growing--amidst-mounting-need-for-services>

4 Mattke S, Hangsheng L, Caloyeras JP, et al. Workplace wellness programs study. U.S. Department of Labor. Accessed December 8, 2025. <https://www.dol.gov/sites/dolgov/files/EBSA/researchers/analysis/health-and-welfare/workplace-wellness-program-study.pdf>

5 Parker ED, Lin J, Mahoney T, et al. Economic costs of diabetes in the US in 2022. *Diabetes Care*. 2023;46(4):S1-S154. doi:10.2337/dci23-0085

6 Golestaneh L, Alvarez PJ, Reaven NL, et al. All-cause costs increase exponentially with increased chronic kidney disease stage. *Am J Manag Care*. 2017;23(10 Suppl):S163-S172. doi:10.37765/ajmc.2017.88537

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8 D'Elia G. Wellness that works: employee wellness program making financial, heart health impacts. University of Rochester Medical Center Newsroom. Published December 20, 2024. Accessed December 29, 2025. <https://www.urmc.rochester.edu/news/story/wellness-that-works-employee-wellness-program-making-financial-heart-health-impacts>

9 Dey M. Employee wellness statistics and facts. *Sci-Tech Today*. Published December 10, 2025. Accessed December 29, 2025. <https://www.sci-tech-today.com/stats/employee-wellness-statistics-updated/#::-:text=Wellness%20programs%20have%20led%20to%20a%20decrease%20in,use%20a%20wellness%20program%20through%20an%20external%20vendor>