

## Are your employees getting the most out of their health screening?

Cancer,<sup>1</sup> diabetes,<sup>2</sup> and cardiovascular disease<sup>3</sup> are on the rise, but these costly conditions can often be detected early—when treatment works best—through regular screening

Offering a preventive health screening as part of your yearly wellness program is a great step toward helping your employees improve their health. However, not all screenings are created equal. A comprehensive health screening panel that measures cholesterol, kidney function, A1c, and more gives a full picture of an individual's health and can help them identify their risk of disease. Basic screening panels, such as a lipid and glucose panel, are helpful but may miss certain key risk factors.

Panel type	Risk assessment	Basic panel	Comprehensive panel
Lipids (cholesterol and triglycerides)	Heart disease	⊗	⊗
Glucose	Diabetes	⊗	⊗
Liver tests	Liver function, hepatitis C		⊗
Kidney (creatinine and eGFR)	Chronic kidney disease (CKD)		⊗
TSH	Thyroid function		⊗
hsCRP	Inflammation, heart disease		⊗
HbA1c	Diabetes, prediabetes		⊗
Complete Blood Count (CBC)	Anemia, leukemia, inflammatory processes, bleeding and clotting disorders		⊗



Talk to your Quest Diagnostics account representative about how you can improve health outcomes at your organization by offering comprehensive yearly health testing.

### References

1. CDC. United States cancer statistics: data visualizations. June 2024. Accessed October 23, 2024. <https://gis.cdc.gov/Cancer/USCS/#/Trends/>
2. CDC. National diabetes statistics report. May 15, 2024. Accessed October 23, 2024. <https://www.cdc.gov/diabetes/php/data-research/index.html>
3. American Heart Association. More than half of U.S. adults don't know heart disease is leading cause of death, despite 100-year reign. January 24, 2024. Accessed October 23, 2024. <https://newsroom.heart.org/news/more-than-half-of-u-s-adults-dont-know-heart-disease-is-leading-cause-of-death-despite-100-year-reign>

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