

Proof in practice



How motivating people to improve their health may have a clear return on investment

Before investing in a workplace wellness program, get a clear picture of what **success with Quest Workforce Health Solutions** has looked like for other organizations.



CASE STUDY 1

National retailer

SITUATION

A large retail organization with 24,000 employees across the US faced low participation in health programs

OBJECTIVE

Provide accessible health screenings and empower employees to improve their health

SOLUTION SET

Provide on-site and remote screenings



Foster employee engagement



Focus on short- and long-term savings



RESULTS ACROSS THE WORKFORCE¹



Diabetes risk down 20–40%



Cardiovascular risk down for 20% of people



Lipid values down 20–50%



CASE STUDY 2

National insurer

SITUATION

A 75,000+ employee insurance giant needed a data-driven health strategy to spot trends and expand care access

OBJECTIVE

Create a solution that demonstrated clear health outcomes while connecting at-risk employees to the care they needed

SOLUTION SET



Establish MyQuest[®] panels for all employees



Provide on-site and remote flu vaccination



Proactively uncover health risks

RESULTS ACROSS THE WORKFORCE¹

Participation rates jumped ~20%



Created 20,000+ new data points



Identified key trends in risk areas like **mental health**





CASE STUDY 3

Tech manufacturer

SITUATION

A 95,000-strong tech manufacturing organization needed smarter health programs to reduce costs and boost workplace safety

OBJECTIVE

Turn employee health risk insights into action—reducing spend and improving workplace safety

SOLUTION SET

Identify health insights and encourage follow-up



Improve safety with drug-testing panels



Choose QuestSelect™ for lab service discounts



RESULTS ACROSS THE WORKFORCE¹



30% of the workforce discovered prediabetes or diabetes risk



HbA1c screening panels added to program for accurate tracking

Potential for major impact on ROI

Beyond individual success stories from Quest, broader studies demonstrate that **employee health has a strong link to cost savings.**

\$1,224 savings per year per employee^{2*}

\$4.90 ROI for every dollar spent²

~19% decline in absenteeism³

Questions?

Contact us for more details on how Quest Workforce Health Solutions can help organizations improve their employee health and their bottom line.

* The average annual cost-saving per individual in a 5-year retrospective study by the University of Rochester is \$1,224.23.¹

1. Based on data on file from actual lab services partner. Quest does not guarantee specific or similar results at your company.

2. D'Elia G. Wellness that works: employee wellness program making financial, heart health impacts. University of Rochester Medical Center Newsroom. Published December 20, 2024. Accessed December 29, 2025. <https://www.urmc.rochester.edu/news/story/wellness-that-works-employee-wellness-program-making-financial-heart-health-impacts>

3. Dey M. Employee wellness statistics and facts. *Sci-Tech Today*. Published December 10, 2025. Accessed December 29, 2025. <https://www.sci-tech-today.com/stats/employee-wellness-statistics-updated/>



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