

# Exome with CNV Evaluation Clinical History Form

Client account number: \_\_\_\_\_ Client name: \_\_\_\_\_

Primary patient name: \_\_\_\_\_

Primary patient DOB: \_\_\_\_\_ Patient phone number: \_\_\_\_\_

If ordering trio or duo testing, please provide the names and DOB of additional family members:

Name: \_\_\_\_\_ Relationship to Proband: \_\_\_\_\_ DOB: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to Proband: \_\_\_\_\_ DOB: \_\_\_\_\_

## Proband information

Reason(s) for referral for exome sequencing, ie, what was the initial presenting symptom? \_\_\_\_\_

\_\_\_\_\_ Age of onset of initial presenting symptom: \_\_\_\_\_

Ethnicity (check all that apply):

African or descended from the African continent  Ashkenazi Jewish  American Indian or Alaskan Native  Asian  Cajun/Creole

Central or South American  French Canadian  Hispanic or Latino  Middle Eastern  Pacific Islander or Native Hawaiian

Sephardic Jewish  Western/Northern European  Other (please specify): \_\_\_\_\_

Is there a family history of a similar or related disorder?  Yes  No

Consanguinity (related by blood, eg, parents related by blood)?  Yes  No  Unsure If yes, please specify: \_\_\_\_\_

History of a bone marrow transplant:  Yes\*  No

\*If yes, please contact 1.866.GENE.INFO to speak to a Genomic Science Specialist before sending any samples.

## Previous genetic testing

Chromosome analysis  No results/not performed  Yes/results: \_\_\_\_\_

Chromosomal microarray analysis  No results/not performed  Yes/results: \_\_\_\_\_

Other molecular studies, including prenatal testing: \_\_\_\_\_

## Reporting of Secondary Findings (Physician Signature Required)

**Secondary Findings Report:** I have provided genetic counseling to the patient regarding the implications of receiving secondary findings. I have explained the potential benefits and limitations of receiving secondary findings, have answered the patient's questions, and have obtained the patient's consent regarding the reporting of secondary findings as indicated below. Check the appropriate option below to order reporting of medically actionable secondary findings recommended by ACMG. **If neither box is checked, secondary findings will not be reported.**

**YES**, Please report pathogenic variants in genes determined to be medically actionable by the ACMG policy statement

**NO**, Please DO NOT report pathogenic variants in genes determined to be medically actionable by the ACMG policy statement

### SIGNATURE REQUIRED

Medical Professional's Signature: \_\_\_\_\_ Date \_\_\_\_\_

## Patient Authorization to Use De-Identified Specimen (Patient Signature Required)

Test results are confidential and will only be reported as authorized by the patient or the patient's authorized representative or consistent with applicable state and federal law.

To promote medical understanding and develop better health insights, Quest Diagnostics requests the patient's permission to use the specimen *in a de-identified way* (without identifying the test subject) for research, educational studies, commercial purposes and/or publication. Your name or other personal identifying information will not be used in or linked to the results of any studies or publications.

You are not required to consent to any of these uses, and the decision to consent to the use of the specimen for *such purposes will not in any way affect processing or testing of the specimen, the test results or the services provided by Quest Diagnostics in connection with this testing*. Please indicate your choice regarding the use of the de-identified specimen by checking the line next to the appropriate option below.

**YES**, I consent to the use of my de-identified specimen as described above.

**NO**, I do not consent to the use my de-identified specimen as described above.

Signature of Patient, Parent or Legally Authorized Representative \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_ Relationship \_\_\_\_\_

## Clinical details

Date of last clinical exam: \_\_\_\_\_ Biological sex:  Male  Female  Other (please specify): \_\_\_\_\_

Head circumference: \_\_\_\_\_ %tile Weight: \_\_\_\_\_ %tile Height: \_\_\_\_\_ %tile

Common diagnoses (please provide more information about these common diagnoses using the check boxes further below):

- Ambiguous genitalia  Autism spectrum disorder  Congenital heart defect  Developmental delay  Dysmorphic features  
 Failure to thrive  Hypotonia  Metabolic acidosis  Multiple congenital anomalies  Seizures  Structural brain abnormalities

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## Cancer

- Type of cancer: \_\_\_\_\_  
 Age of diagnosis: \_\_\_\_\_  
 Family history of cancer and affected relatives: \_\_\_\_\_

## Cardiovascular

- Anemia  
 Aortic root dilation  
 Arrhythmia  
 Atrial septal defect  
 Bicuspid aortic valve  
 Cardiomyopathy  
 Coarctation of aorta  
 EKG abnormality  
 Mitral valve prolapse  
 Patent ductus arteriosus  
 Patent foramen ovale  
 Teratology of Fallot  
 Thrombocytopenia  
 Thrombosis  
 Tortuosity  
 Truncus arteriosus  
 Ventricular abnormality  
 Ventricular septal defect

## Craniofacial

- Bifid uvula  
 Cleft lip  
 Cleft palate  
 Craniosynostosis  
 Epicanthal folds  
 Hypertelorism  
 Hypotelorism  
 Macrocephaly  
 Microcephaly  
 Micrognathia  
 Nose abnormality  
 Palpebral fissures  
 Philtrum abnormality  
 Teeth abnormality  
 Tongue abnormality

## Cognitive development

- ADD/ADHD  
 Autism spectrum disorder  
 Developmental delay  
 Developmental regression  
 Intellectual disability  
 Mild  
 Moderate  
 Severe  
 Profound  
 Motor milestones delayed  
 Speech delay

## Ear & hearing

- Deafness  
 Acquired  
 Congenital  
 Bilateral  
 Unilateral  
 Conductive  
 Sensorineural  
 Low-set ears  
 Pinna abnormality  
 Preauricular pit  
 Preauricular skin tag

## Endocrine

- Adrenal gland abnormality  
 Adrenal insufficiency  
 Cushing syndrome  
 Diabetes insipidus  
 Diabetes mellitus  
 Growth hormone deficiency  
 Hirsutism  
 Immunologic abnormality  
Specify: \_\_\_\_\_  
 Obesity  
 Pancreatic insufficiency  
 Parathyroid dysfunction  
 Thyroid dysfunction

## Eye defects & vision

- Amblyopia  
 Aniridia  
 Anophthalmia  
 Blue sclerae  
 Cataracts  
 Congenital  
 Postnatal  
 Cherry red spot  
 Coloboma  
 Corneal abnormality  
 Ectopia lentis  
 Microphthalmia  
 Nystagmus  
 Ptosis  
 Retinitis pigmentosa  
 Strabismus  
 Visual impairment  
 Blind  
 Cortical  
 Myopia

## Gastrointestinal

- Anal malformation  
 Constipation (chronic)  
 Crohn's disease  
 Diarrhea (chronic)  
 Esophageal atresia  
 Gastroesophageal reflux  
 Gastroparesis  
 Hepatic failure  
 Hepatomegaly  
 Hirschsprung disease  
 Inflammatory bowel disease  
 Intestinal pseudo-obstruction  
 Pancreatitis  
 Pyloric stenosis  
 Splenomegaly  
 Vomiting (episodic/cyclic)  
 Tracheoesophageal fistula

## Genitourinary

- Ambiguous genitalia  
 Cryptorchidism  
 Hypogonadism  
 Hypospadias  
 Kidney abnormality  
 Agenesis  
 Horseshoe  
 Partially duplicated  
 Polycystic  
 Ovarian streak  
 Polycystic ovarian syndrome  
 Testicular abnormality  
 Ureter abnormality  
 Urethra abnormality

## Hair & skin

- Albinism  
 Blistering  
 Cafe-au-lait spots

## Hair & skin (continued)

- Hair  
 Alopecia  
 Brittle  
 Coarse  
 Hypopigmentation  
 Hemangioma  
 Hyperextensible skin  
 Hyperpigmented macule  
 Hypopigmented macule  
 Hypertrichosis  
 Ichthyosis  
 Infections  
 Lipoma  
 Nail abnormality  
 Neurofibroma  
 Rash

## Metabolic

- Acidosis  
 Lactic  
 Metabolic  
 CSF lactate level (abnormal)  
 Dicarboxylic aciduria  
 Hyperammonemia  
 Hyperglycemia  
 Hypoglycemia  
 Hyperphenylalaninemia  
 Hypoammonemia  
 Ketosis  
 Organic aciduria  
 Phosphokinase (abnormal)  
 Plasma carnitine (abnormal)  
 Serum creatine (abnormal)  
 Serum pyruvate (abnormal)

## Musculoskeletal

- Arthrogryposis  
 Camptodactyly  
 Contractures  
 Fractures  
 Hemihypertrophy  
 Hyperlordosis  
 Hypermobility  
 Hypertonia  
 Hypotonia  
 Kyphosis  
 Muscle atrophy  
 Muscular dystrophy  
 Myopathy  
 Myotonia  
 Oligodactyly  
 Overgrowth  
 Polydactyly  
 Rib defects  
 Scoliosis  
 Short stature  
 Skeletal dysplasia  
 Spina bifida  
 Syndactyly  
 Talipes equinovarus  
 Tall stature  
 Vertebral anomalies

## Neurologic

- Areflexia  
 Ataxia  
 Chorea  
 Dystonia  
 Epileptic encephalopathy  
 Neuropathy  
 Seizures  
 Absence  
 Atonic  
 Febrile  
 Generalized clonic

- Generalized myoclonic  
 Generalized tonic  
 Generalized tonic-clonic  
 Infantile spasms  
 Spasticity

## Pre/perinatal history

- Conceived via artificial reproductive technology  
 Congenital diaphragmatic hernia  
 Cystic hygroma

## Pre/perinatal history (continued)

- Encephalocele  
 Increased nuchal translucency  
 Intrauterine growth restriction  
 Oligohydramnios  
 Polyhydramnios  
 Omphalocele  
 Prematurity  
 Teratogen exposure  
Specify: \_\_\_\_\_

## Respiratory

- Apnea  
 Asthma  
 Bronchiectasis  
 Hyperventilation  
 Hypoventilation  
 Pneumothorax  
 Recurrent infections  
 Respiratory failure  
 Respiratory insufficiency

## Structural brain abnormalities

- Aplasia/hypoplasia of the cerebellar vermis  
 Aplasia/hypoplasia of the cerebellum  
 Basal ganglia abnormality  
 Brain atrophy  
 Brainstem abnormality  
 Cerebral dysmyelination  
 Cerebral hypomyelination  
 Cerebral white matter abnormality  
 Corpus callosum abnormality  
 Cortical dysplasia  
 Encephalocele  
 Holoprosencephaly  
 Hydrocephalus  
 Leukoencephalopathy  
 Leukodystrophy  
 Lissencephaly  
 Neuronal migration abnormality  
 Pachgyria  
 Polymicrogyria  
 Ventriculomegaly

## Other

- Allergies (severe)  
 Fever (episodic)  
 Failure to thrive  
 Heterotaxy  
 Lethargy  
 Organomegaly  
 Pain (chronic)

Attach any imaging or laboratory results.

Questions? To speak with a Genomic Science Specialist, please call: **1.866.GENE.INFO**

Please fax or email the form to **1.949.668.7818** or **Preauthorization\_neurology@QuestDiagnostics.com**