Hypertensive Patients at Risk of PA

- Aldosterone/Renin Ratio
- Confirmatory Testing
- Subtype Testing
  - (Adrenal CT Scan followed by bilateral adrenal venous sampling if surgery is an option)
    - Bilateral surgery not an option
      - MR antagonist
    - Unilateral
      - Laparoscopic adrenalectomy

Patients at risk of PA include those listed in Individuals Suitable for Testing. Confirmatory testing includes oral sodium loading, saline infusion, fludrocortisone suppression, or a captopril challenge. MR indicates mineralocorticoid receptor.

This figure was developed by Quest Diagnostics based on reference 1. It is provided for informational purposes only and is not intended as medical advice. A physician’s test selection and interpretation, diagnosis, and patient management decisions should be based on his/her education, clinical expertise, and assessment of the patient.