

Empowering better health with convenient care driven by clinical insights

Employer population health solutions from
Quest Diagnostics



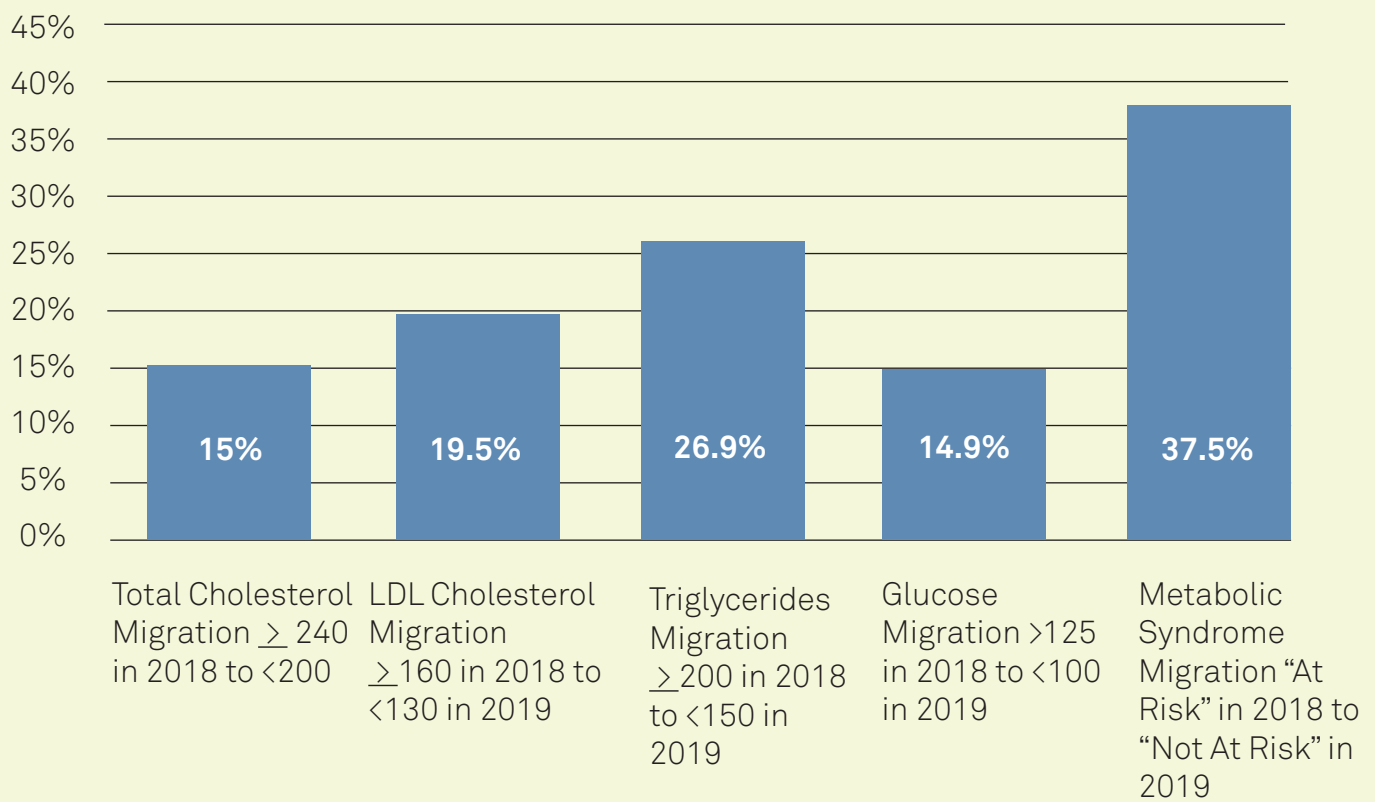
Doctor's visits **declined by 70%** during the COVID-19 pandemic.¹ What are you doing to help employees get back to care?

This decrease in preventive care is leading to deferred diagnoses, delayed treatment, worsening chronic conditions, and an overall negative impact on employee health and well-being.

Our mission is to help employers design comprehensive population health programs to gain critical insights about their employees' health and implement clinically proven health improvement solutions in an effort to connect employees to the care they need.

Additionally, individuals who participate in yearly biometric screenings and are connected to health improvement solutions see double-digit improvement in important health metrics (like glucose, LDL cholesterol, and triglycerides) year over year.²

Percent movement from high risk to optimal risk categories²



1. Shifts in Healthcare demand, delivery and care during the COVID-19 era. IQVIA Institute. April 2020. Accessed August 6, 2020. <https://www.iqvia.com/insights/the-iqvia-institute/covid-19/shifts-in-healthcare-demand-delivery-and-care-during-the-covid-19-era>

2. Quest Diagnostics Internal Database. Cohort reports 2018-2019. Accessed April 13, 2020. N=1,535,184.



Biometric screenings

Biometric screenings can help identify individuals with health risks before they become high-cost claimants, giving those individuals an opportunity for health improvement.

- **Quest PSC**

- 2,250 PSC locations nationwide
- Select PSCs located in Walmart Supercenters and Albertson's stores
- Venipuncture collections that take approximately 10 minutes to complete

- **At-home collection with Quest Activate**

- Convenient at-home self-collections for a fingerstick screening
- Ability to include blood pressure cuff for a more accurate self-reported measurement
- 3-month access to on-demand text-based care from 98point6® for each participant

- **On-site events**

- Work-site screenings that take approximately 10-15 minutes to complete
- Experienced Quest staff who complete over 30,000 on-site events annually
- Contractually ensured compliance with all state on-site collection regulations

- **Physician Results Forms**

- Downloadable form to allow participants to complete a screening with a primary care physician
- Upload functionality eliminates the need for participants to fax in the form



Screening panels

- Guideline-based screening panels from basic lipid and glucose measurements to comprehensive testing for optimal risk identification
- Disease-specific panel components available (ie, eGFR and creatinine for kidney function)
- Fasting and non-fasting panel options



Biometric measurements

- Standard measurements include height, weight, blood pressure, and calculated BMI
- Waist circumference and hip-to-weight ratio also available

Yearly screening is the foundation of a comprehensive population health solution.

Quest provides flexible, **turnkey solutions** that meet your needs.



Participant reporting – MyGuide to Health™ and MyHealth Profile™

- Personalized results report with dynamic imagery based on age and gender
- Integration of employer-specific resources based on screening results to connect participants to the right care
- MyHealth Profile includes all features listed above, as well as an additional Health Quotient score based on health questionnaire responses and screening data.



DataLink™ - secured data feed

- Flexible, secure, reliable transmission of data to designated third parties
- Available interfaces include CSV and HL7 formats
- Custom formats can be developed for an additional fee



Incentive management

- **Activity-based Rewards**
 - Automated scoring based on completion of an activity
 - Pass/Fail status delivered to third party administrators for incentive management and reasonable alternative programs
- **Outcome-based Rewards**
 - Automated scoring based on laboratory screening results
 - Helps facilitate targeted outreach for health intervention programs
 - Pass/Fail status delivered to third party administrators for incentive management and reasonable alternative programs



Physician oversight

- Medical ordering and oversight included in all Quest Diagnostics screening and testing programs
- Option for employer-sponsored ordering and oversight available upon request



Historical Data Import

- Screening data from previous vendors sent to Quest systems through secure FTP
- Imported results included in year-over-year participant results and aggregate cohort data



Complimentary marketing materials

- Automated emails to drive scheduling and participation
- Sample letters, graphics, and talking points to support internal communications
- Personalized flyers and posters provided in PDF format



Online and telephonic scheduling

- Customizable online participant platform with responsive design
- Personalized dashboard offers a unique participant experience based on program eligibility
- Service Center available to assist with scheduling, self-collection, and other questions



Eligibility management and system personalization

- Eligibility files used to ensure only eligible individuals participate in screening and health improvement programs
- Breakout aggregate reports available based on eligibility fields
- Inclusion of employer logo and incentive information within the participant platform



Qscreen™

- On-site fingerstick screening technology to improve the participant experience
- Eliminates paper requisitions and automates data matching to more effectively accommodate walk-ins
- Secure application that works in connected and disconnected (offline) environments



Aggregate reporting

- Comprehensive aggregate report with cohort data for a high-level snapshot of the population's health
- Identifies key areas of focus and compares company health to the Quest database
- Breakout reporting for locations, job families, and other subgroups available



Advanced program analytics

- Comprehensive aggregate report for a high-level snapshot of the population's health
- Identifies key areas of focus and compares company health to the Quest database
- Breakout reporting for locations, job families, and other subgroups available

Leverage aggregate data to understand the most common risks within your employee population and more effectively evaluate future well-being offerings.

With effective identification, connection to care, and health improvement solutions, you can help **reduce the incidence** of high-cost chronic conditions among your employees.



InSure® ONE™ colorectal cancer screenings

- At-home collection to increase screening compliance among adults aged 45+
- Easy to complete water-based collection, with no diet preparation needed
- End-to-end program management through Quest, including planning, implementation and reporting



Flu vaccines

- Work-site vaccination events and vouchers for local retailers available
- Quadrivalent vaccine to ensure maximum protection against flu strains



SARS-CoV-2 (COVID-19) vaccines

- Work site vaccination events staffed by expert Quest providers
- Contractually ensured compliance with all state and local regulations
- Required reporting to health agencies handled by Quest



SARS-CoV-2 (COVID-19) active infection testing

- At-home self-collections for COVID-19 molecular testing (NAAT)
- Observed self-collections available at select retail locations
- Bulk shipments available for employer administration



SARS-CoV-2 (COVID-19) antibody testing

- Venipuncture blood draw to indicate levels of IgG antibodies produced as an immune response to spike protein
- Testing can be completed at Patient Service Centers or on-site events



Virtual primary care from 98point6®

- On-demand text-based virtual care with no encounter fees
- Participants can converse with board-certified physicians 24/7, and prescriptions and laboratory testing can be ordered, as needed
- Personalized treatment plans based on screening results, acute conditions, and chronic disease risk factors



Catapult Health VirtualCheckup®

- 20-minute live video session with a board-certified nurse practitioner
- PHQ-9 screening for depression, as well as medication adherence guidance
- Personalized education and referral to care and other employer-sponsored resources



Omada®

- Digital care program to empower better health through sustainable lifestyle change
- Programs specific to disease prevention, diabetes management, and hypertension management
- Activity-based billing so you only pay when and if employees engage



Johns Hopkins Medicine Balance Program

- Online assessment to screen for depression, anxiety, and other emotional health conditions
- Participants directed to meet with a Johns Hopkins-trained behavioral health specialist based on assessment results
- Referral to employer-specific resources (EAPs) and local, in-network mental health professionals



On-site health coaching

- One-time, in-person session added to on-site fingerstick screenings to improve health literacy
- 5- to 10-minute encounter to discuss screening results and next steps
- All coaches are registered nurses or registered dietitians

Expand access to care and empower better health.



We're here to help you manage and prevent costly chronic conditions by increasing access to high quality healthcare.

With our population health solutions, your organization can leverage health insights to:

- Identify acute and chronic disease risks through laboratory testing
- Connect employees to necessary in-network care
- Empower better health among your employee population



For more information, contact